

Enzyme Complete

*Advanced Digestive Support
Formula for Optimal Nutrient
Absorption*



Targeted Digestive Support for Nutrient Breakdown & Gut Health

- ✓ **Optimizes Nutrient Absorption & Digestion** – Supports the complete breakdown of macronutrients to ensure efficient nutrient uptake and utilization.
- ✓ **Reduces Digestive Discomfort & Bloating** – Helps prevent gas, bloating, and indigestion by improving the digestion of proteins, fats, and carbohydrates.
- ✓ **Supports Gut Health & Microbiome Balance** – Aids in digesting fiber to promote bowel regularity and supports gut-friendly bacteria.
- ✓ **Enhances Tolerance for Food Sensitivities** – Contains lactase for dairy digestion and bromelain/papain for protein breakdown, reducing symptoms of food intolerance.

Enzyme Complete is a **broad-spectrum digestive enzyme** supplement designed to **enhance digestive efficiency, improve nutrient absorption, and support overall gastrointestinal health.**

This advanced formula contains a **balanced blend of natural enzymes**, each carefully selected for their ability to **break down proteins, carbohydrates, fats, and fibers**, ensuring a **smoother digestive process** and reducing post-meal discomfort. **By supporting optimal digestion, Enzyme Complete promotes gut balance, reduces bloating, and enhances metabolic function.**



Ingredient Highlights

- ✓ **Protease:** Breaks down proteins into amino acids, improving digestion and reducing inflammation linked to undigested proteins.
- ✓ **Amylase:** Converts starches into simple sugars, aiding carbohydrate digestion and preventing post-meal blood sugar spikes.
- ✓ **Lipase:** Supports fat digestion, improving the absorption of essential fatty acids and fat-soluble vitamins (A, D, E, and K).
- ✓ **Cellulase:** Helps digest plant fibers, reducing bloating and promoting gut microbiome balance.
- ✓ **Lactase** – Breaks down lactose, helping individuals with dairy intolerance avoid gas, bloating, and discomfort.
- ✓ **Papain & Bromelain** – Plant-based enzymes from papaya and pineapple that aid protein digestion and provide anti-inflammatory benefits.



What Makes Enzyme Complete Superior?

Multi-Enzyme Formula for Complete Digestion. Works across various pH levels, ensuring optimal enzyme activity throughout the entire digestive tract.

Clinically Researched Enzymes for Maximum Efficacy. Contains scientifically validated digestive enzymes known for their stability and effectiveness.

Supports Digestive & Metabolic Function. Helps the body process macronutrients efficiently, promoting energy production and gut health.



Recommended Use: Take 1 capsule daily with or without meals or as directed by your healthcare practitioner for advanced protocols.



Supplement Facts

Serving Size 1 Capsule

Servings Per Container 90

Amount Per Serving		% Daily Value
Proprietary Multi-Enzyme Blend	71 mg	**
Protease (12,500 HUT)		**
Acid-Stable Protease (2,500 HUT)		**
Amylase (2,500 DU)		**
Lipase (750 FIP)		**
Cellulase (500 CU)		**
Lactase (200 ALU)		**
Papain (from papaya) (6,000 FCCPU)		**
Bromelain (from pineapple) (5,000 FCCPU)		**

**Daily Value not established.

Other Ingredients: Microcrystalline cellulose, (vegetable capsule), L-leucine, Bamboo silica.

References

1. Digestive Enzymes and Digestive Enzyme Supplements - Johns Hopkins Medicine. <https://www.hopkinsmedicine.org/health/wellness-and-prevention/digestive-enzymes-and-digestive-enzyme-supplements>
2. Digestive Enzymes: Amylase, Protease, And Lipase - Integrative Therapeutics. <https://integrativepro.com/blogs/articles/digestive-enzymes-amylase-protease-lipase>
3. Digestive Enzymes: How Supplements Like Lactaid and Beano Can Help with Digestion - Harvard Health Publishing. <https://www.health.harvard.edu/staying-healthy/digestive-enzymes-how-supplements-like-lactaid-and-beano-can-help-with-digestion>
4. The Role of Enzyme Supplementation in Digestive Disorders - Alternative Medicine Review. <https://altmedrev.com/wp-content/uploads/2019/02/v13-4-307.pdf>

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease, but may be beneficial as part of a total health program.

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