

# Omega 1600: DHA/EPA

GLUTEN FREE, DAIRY FREE, SOY FREE, NON-GMO

**Omega 1600: DHA/EPA** is an omega-3 fatty acid formula, providing 1,600 mg of EPA+DHA per 2 softgels. This product is optimal for supporting the foundational needs of eicosapentaenoic acid (EPA) and docosahexaenoic acid (DHA) for long-term supplementation.

A balanced 1-to-1 ratio of EPA and DHA is similar to that found naturally in seafood and provides them with an equal opportunity to impart their function and optimize the corresponding body content.

## Omega-3 Fatty Acids

**EPA** — Supports healthy brain function, positive mental outlook, skin health, normal cholesterol metabolism, and a healthy inflammatory response\*

**DHA** — Supports proper brain development and function, vision, normal triglyceride metabolism, eye development, cell membrane integrity, and a healthy pregnancy for expectant mothers\*

## Benefits

- Supports cardiovascular health
- Promotes healthy lipid metabolism
- Promotes cell membrane health
- Supports neurological function and brain health
- Supports a healthy inflammatory response
- Supports joint health
- Supports skin, hair, and eye health
- Promotes positive mental outlook and mood balance



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## Highlights

- Sustainably sourced Marine Stewardship Council (MSC)-certified wild Alaskan fish oils
- 1,600 mg (800 mg each of EPA and DHA) per 2-softgel serving in a 1:1 ratio
- Contains vitamin E isomers (as DeltaGold® delta- and gamma-tocotrienols) for enhanced stability and protection from rancidity
- Contains lipase to support digestion and absorption\*
- Triglyceride (TG)-bound omega-3 fish oils (as TruTG™) for enhanced bioavailability — the same form naturally found in fish
- Molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs, and other contaminants

## Recommended Use:

Take 2 softgels per day with meals or as directed by your healthcare practitioner.

DeltaGold® is a registered trademark of American River Nutrition, LLC and protected by US Patent Number 8,586,109

Consult with your healthcare practitioner about your specific circumstances and any questions you may have about this product.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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**Recommended Use:** Take two softgels per day with meals, or as directed by your health care practitioner.

**Warning:** Consult your health care practitioner before use if you are taking blood thinning medication or are planning to have surgery.

Omega 1600 contains fish oil in its natural TG (triglyceride) form. All of our fish oil products are a minimum 90% natural TG bound omega-3 oils. Omega 1600 is molecularly distilled and filtered to ensure purity and to maximize the removal of metals, pesticides, PCBs, and other contaminants. Lipase is added to enhance the digestibility and DeltaGold® tocotrienols is added to enhance stability of the product.

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Does not contain gluten, dairy, soy or GMOs.



## Omega 1600

DHA/EPA

60 SOFTGELS  
DIETARY SUPPLEMENT

REFRIGERATE AFTER OPENING.

### Supplement Facts

Serving Size 2 softgels

Servings Per Container 30

Amount Per Serving	% Daily Value
Calories	20
Total Fat	2 g 2%*

Omega-3 Fatty Acids (from fish oil)

EPA (Eicosapentaenoic Acid)	800 mg †
DHA (Docosahexaenoic Acid)	800 mg †

\*Percent Daily Values are based on a 2,000 calorie diet.  
†Daily Value not established.

**Other Ingredients:** Bovine gelatin, purified water, glycerine, annatto (color), natural lemon flavor, DeltaGold® tocotrienols, lipase.  
Contains fish (Alaska pollock).

Distributed by: **Holistic Pharms LLC**  
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Austin TX 78746

Report any adverse reactions to:  
512-550-7933  
www.modernholistichealth.com



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Consult with your Integrative Holistic Health Coach or other healthcare provider about your specific circumstances and any questions you may have.

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To contact BioOne Sciences, please call us at 1-800-993-5971, visit us on the web at [www.BioOneSciences.com](http://www.BioOneSciences.com), or via email at [support@bioonesciences.com](mailto:support@bioonesciences.com)